

## CHEDDAR APPLE CHICKEN FLATBREAD

### Ingredients:

- 4 Flatbreads
- 2 boneless skinless chicken breasts
- 1 Granny Smith apple
- 4 tspns. Honey
- 2 tbsp. BBQ sauce
- ½ cup shredded Mexican Cheese
- Extra virgin Olive Oil in Sprayer  
(Try buying your own sprayer, that way you get the benefits of the oil, with none of the propellants.)



### Preparation:

1. Cut chicken into bite-size pieces and cook until done (use a bit of olive oil to coat pan).
2. Meanwhile, cut apple into small, thin slices.
3. Once chicken is cooked, top each flatbread with the toppings. We chose this order: BBQ sauce, cheese, apple slices, chicken.
4. Lightly drizzle with honey.
5. Enjoy! (We eat this with a leafy green salad....delicious!)